

Building Behaviors Autism Center presents...

# ANIMAL RESCUERS

Building Behaviors Treatment Day Camp

August 4-8, 9am - 4pm



Scholarships made possible through:

*In His Steps Foundation*

**Earn tokens for positive behaviors and trade them in for the price box!**

**Go on an “animal rescuer” adventure, make cool crafts, play games, create music, make new friends, and more!**

**For kids ages 6-14 with Autism Spectrum Disorders, Anxiety, AD/HD, and/or disruptive behavior disorders. Kids will learn new behaviors, including social skills, following directions, stress and anger management, health eating and exercise, proper hygiene, and much more in a fun, Christ-loving environment.**

**As a result of our treatment program, parents report observed improvement in their child’s overall aggression, anxiety, attention, and daily living skills. Youth also learn needed skills to become better listeners, to follow directions, to calm down when upset, and to improve their nonverbal communication skills.**

**Parents are also asked to attend the last part of each day and a behavior workshop on Friday afternoon to learn behavioral skills to help their child at home and at school.**

**All of our staff are trained in behavior management.**

**Contact Dr. Cara Daily at 216-252-1399 for more details or visit our website at  
[www.ihmretreat.org](http://www.ihmretreat.org).**

**Please see reverse for more information** ➔

# Building Behaviors Day Treatment Camp -

## Animal Rescuers

### *What makes this day camp different?*

- Before camp starts, your child will have the opportunity to meet the staff and will be able to visit our office (if needed) to feel comfortable about the camp. In advance, parents will receive a detailed schedule of our activities for the week so that your child can be prepared for each day. We ask for your help by providing us with your child's most up-to-date evaluation (e.g., MFE/ETR or other comprehensive psychological evaluation) and school IEP.
- The entire camp will be provided within a behavioral program. Your child will be working with a camp counselor who is trained in behavioral interventions. Each child will have a behavior plan that will reinforce the skills taught at the camp. Staff will reward your child frequently and consistently either in a small group setting or one-on-one.
- This camp is unique in that parents are asked to participate from 3:30-3:45 daily. At the end of the week (Friday, from 1pm to 3:30pm), parents will be exposed to Building Behavior Autism Center's Intensive Behavioral Interventions Workshop (a \$150 value!) and other valuable educational tools to use with their child.

### *What types of skills will be taught?*

#### **MONDAY: Behavioral Health**

Your child's behavior plan will be created and used throughout the week.

Skills taught include following camp rules and directions.

#### **TUESDAY: Mental Health**

Skills taught include stress and anger management.

#### **WEDNESDAY: Social Health**

Skills taught include making eye contact, use of appropriate voice tone and volume, initiating and ending conversations, interpreting body language, etc.

#### **THURSDAY: Physical Health**

Skills taught include self-help, healthy eating, and exercise.

#### **FRIDAY: Spiritual Health**

This program is Christian-based and on the last day we will expose your child to an age-appropriate, fun way to talk about God. This day is optional, although encouraged!

**Prices are based on a sliding scale and range from \$275 to \$550 for the week.**